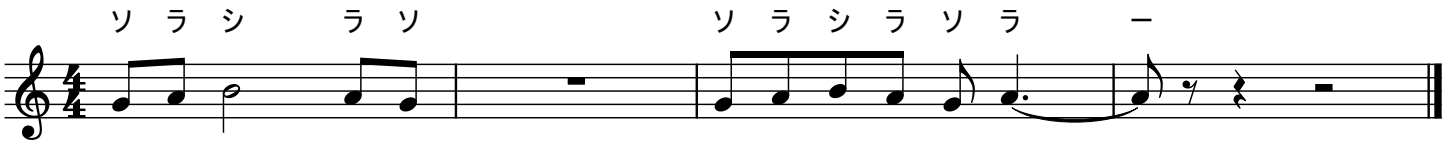1. 明星チャルメラ